



# ARTICULACY

## YEAR 12 OFFER

'Articulate Your Way to HE' is an intensive one-day workshop offered to year 12s to help them think carefully about how they present themselves as they move into the world of higher education and careers. Students will consider first impressions, body language, interview performance, communication skills, presenting and vocal confidence across bite-sized sessions.

Through a mix of interactive games and thought-provoking discussions, students will improve their confidence in these areas and recognise the benefits of appropriate self-promotion.

The day is available to sixteen students who are preparing to leave and move on to the next stages of their lives. They will have in their possession, a toolkit of tips and ideas to enable them to move on.

### Toolkit topics:

- Making a first good impression
- Using positive body language
- Speaking confidently and positively about yourself and your abilities
- Telephone skills
- Interview skills
- Linking school achievements to future careers
- Knowing when it is ok to say 'I do not know'
- Making an impact, how to get them to remember you!

Further details about this activity can be requested from your Next Steps South West Institutional Officer.

Or alternatively, for more information please contact Sam Baldwin [samantha.baldwin@plymouth.ac.uk](mailto:samantha.baldwin@plymouth.ac.uk)

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